

# NATURE of EXISTENCE - AWARENESS KEYS

## List of Self-Empowering Reminders...

- There is nothing that you have to do, *always do what excites you most.*
- You are never missing anything or missing out, *so relax and enjoy your life.*
- Whenever you get there it is the right time, *everything happens in perfect timing.*
- Chance, luck and randomness are misnomers which are leftovers from the former mechanical view of how our universe works, *remove them from your vocabulary.*
- Synchronicity, serendipity and co-incidence (*events occurring simultaneously*) are a part of the nature of how reality works.
- Time and space are artificial constructs and thus they are illusions of your mind.
- There is only the present moment of NOW and the only location is HERE.
- You exist here and now, ergo you have always existed, so life is eternal☺
- There is no reality other than any reality that you define and believe to be reality.
- The reality you experience is the reality you have defined and most believe to be true.
- Look around you to see your definitions and beliefs about reality up to this point.
- The Universal mirror is impersonal and only has the ability to reflect your thoughts and beliefs back to you. Thus, *your world can only change once you have really changed.*
- Anything that can be imagined already exists as potential, *but can you believe it?*
- Any reality you can imagine, by its very nature, is possible for you to experience.
- Appreciating everything already in your life right now speeds up your manifestations.
- Make blaming and complaining things you did in the past. Insisting on those ideas means you are playing the role of victim and shunning your responsibility for creating your world.
- To believe and say you are unworthy is the epitome of arrogance because you are singling yourself out as the only one who is unworthy in all of creation. *Get over your own mind.*
- Love creates and unifies it does not divide, conquer and destroy.
- Love *is* real – Real *is* love!