

NATURE of EXISTENCE - REALITY CHECK!

Reminders For When You Are Unclear...

- The Universe is a Holographic Mirror with You at the Center.
- All Versions of Reality within Your Universe Are Illusions.
- Even Your Body and Brain Are Illusions.
- All Experience of Reality is Real.
- Infinite Parallel Realities Simultaneously Co-Exist Here and Now.
- All Versions of Reality Are Separated Only by Discrete Vibrational Frequency.
- All Reality is Meaningless.
- All Meaning is Self-Imposed.
- Higher Mind Conceives Desired Reality.
- Physical Brain Receives Vibrational Frequency of Reality from Higher Mind.
- Physical Mind Perceives Reality.
- Contrast Sparks Desire to Change Experience of Reality.
- Desired Reality is Defined by using the Channel of Imagination.
- Belief Focuses and Determines Experience of Reality.
- Positive and Negative Emotion Activates Experience of Reality.
- Resistance Denies Realization of Preferred Reality.
- Allowing Realizes Manifestation of Preferred Reality.
- Relaxing and Enjoying Your Life *is* Allowing.
- Your Personality is a Temporary Artificial Construct.
- Your Soul is Infinitely and Eternally Real.
- Because You Are Eternal, Ultimately, Nothing Really Matters 😊